

1475 SQUADRON ATC

DUKE OF EDINBURGH (DofE) AWARD

EXPEDITION KIT LIST

Sleeping Bag (separately waterproofed)
Roll Matt*
Rucksack*
Rucksack Liner / Thick plastic bag
Waterbottle (Sturdy 1 litre type)
Boots
Socks and Underwear (sufficient for change each day)
Base Layer ie 'Technical T-Shirt' - NOT Cotton
Mid Layers ie Sweatshirt / Fleece
Outer Layer ie Jacket
Walking Trousers - NOT Jeans
Spare Warm Clothing (Separately Waterproofed)
Hat
Gloves
Waterproofs* (Jacket and Trousers)
Sandals / Flip Flops / Trainers
Personal First Aid Kit
Watch
Small Notebook and Pen / Pencil
Head Torch and Spare Batteries
Thermal Mug
Spoon / 'Spork'
Personal Wash Kit
Small Penknife
Emergency Whistle
Emergency Survival Bag
Emergency Rations
Camera (Optional)

Team Kit:

Tent*
Trangia* / Stove
Fuel* and Waterproofed Matches
Small Wooden Spoon
Washing Up Kit (sponge and liquid soap)
Food – Menu Plan required
Maps and Compass(es)*

(* Denotes items of kit available to be signed out of Sqn Stores)

Remember you can get 15% off expedition clothing and equipment at Cotswold Outdoor (in stores and online at www.cotswoldoutdoor.com) using your DofE Reward Card